

GASTRO INC.
CATERING
DOWN-TO-EARTH
FINE FOOD

LUNCH

SALADS - \$8/PERSON

ALL SALADS SERVED WITH OUR SCRATCH-MADE GASTRO INC. VINAIGRETTES & DRESSINGS, OUR SPECIAL MIX OF HERBS AND SPECIAL TOUCHES LIKE HOUSE-MADE CROUTONS. SERVED FAMILY-STYLE WITH DRESSINGS ON THE SIDE.

GASTRO SIGNATURE GARLICKY CAESAR

CRISP ROMAINE // GARLICKY CAESAR DRESSING // PARMESAN FLAKES // HOUSE CROUTON

GARDEN GREENS

MIXED GREENS // SHAVED CARROTS // CUCUMBERS // BELL PEPPERS // TOMATOES // SHERRY-SHALLOT VINAIGRETTE

MEDITERRANEAN GREEK

CRISP ROMAINE // CHERRY TOMATOES // BELL PEPPERS // FETA CHEESE // FETA-OREGANO RED WINE VINAIGRETTE // EXTRA VIRGIN OLIVE OIL

MIXED BERRY ARUGULA

FRESH ARUGULA // SEASONAL BERRIES // DRIED FRUIT // GOAT CHEESE // HONEY-COFFEE VINAIGRETTE

TOMATO BASIL CAPRESE

CHERRY TOMATOES // MINI MOZZARELLA BOCCONCINI // DICED ONIONS // FRESH BASIL // ITALIAN-HERB VINAIGRETTE





GASTRO INC. CATERING DOWN-TO-EARTH FINE FOOD

LUNCH

SANDWICHES/WRAPS - \$15/PERSON

DELICIOUS SANDWICHES & WRAPS, GREAT FOR QUICK BREAKS AND WORKING LUNCHES!

GRILLED BUFFALO CHICKEN BLT WRAP

SMOKED BACON // AGED CHEDDAR // PICKLES // LETTUCE // TOMATO // ONIONS //
TANGY BUFFALO SAUCE // HOUSE RANCH AIOLI // PICKLED JALAPEÑOS

GARLIC-TAHINI FALAFEL WRAP (V)

HOUSEMADE FALAFEL // TOMATO // ARUGULA // SHAVED ONIONS // TURNIPS //
PICKLES // CUCUMBER // GARLIC TAHINI SAUCE

COLD CUT ITALIAN SUB

FINE ITALIAN CURED MEATS // PROVOLONE // SHAVED ONIONS // OLIVE MUFFULETTA
TAPENADE // FETA-OREGANO RED WINE VINAIGRETTE

ROASTED VEGETABLE PESTO WRAP (V, VEGAN)

ASSORTED GARDEN VEGETABLES // ARUGULA // NUT-FREE PESTO // GARLIC AIOLI

DOUBLE-SMOKED ROAST BEEF

SHAVED SIRLOIN // CARAMELIZED ONIONS // AGED CHEDDAR // LETTUCE // TOMATO
// HORSERADISH AIOLI

SOUPS - \$5/PERSON

**ALWAYS SCRATCH MADE & SERVED FAMILY STYLE WITH CUPS/BOWLS AND
CUTLERY ON THE SIDE**

TIPSY TOMATO BISQUE*
WILD MUSHROOM BISQUE*
MINESTRONE*

COOKIE TRAY - \$5/PERSON

A SELECTION OF FRESH-BAKED FAVOURITES, PERFECT FOR AFTER LUNCH!

